

Prenatol-M™

Prenatal / Postnatal Multivitamin

NDC: 59088-009-54



“Unique Formulation”

Description:

Prenatol-M™ is indicated to provide comprehensive vitamin and mineral supplementation throughout pregnancy and the postnatal period, beneficial for both lactating and non-lactating mothers. Additionally, it aids in improving nutritional status before conception. Our formula is crafted with 1.2 mg of active L-Methylfolate for promoting healthy neural tube development and Methylcobalamin for brain and nervous system development.

Unit Detail:

30 Caplets per bottle

Dosage:

1 caplet daily or as directed by a licensed healthcare practitioner.

See reverse for complete prescribing information

Prenatol-M™

Supplement Facts

Serving Size: 1 Caplet
Serving per container: 30

Amount Per Serving	% Daily Value	
Vitamin A (as Retinyl Acetate)	1500 mcg RAE	115%
Vitamin C (as Ascorbic Acid)	120 mg	100%
Vitamin D3 (as Cholecalciferol)	20 mcg (800 IU)	133%
Vitamin E (as DL-Alpha Tocophery Acetate)	13.5 mg	71%
Thiamin (as Thiamine Mononitrate)	3 mg	214%
Riboflavin	3.4 mg	213%
Niacin (as Niacinamide)	20 mg	111%
Vitamin B6 (as Pyridoxine Hydrochloride)	50 mg	2500%
Folate (as L-5-Methyltetrahydrofolate calcium salt) (1200 mcg of L-5-methylfolate)	2040 mcg DFE	340%
Vitamin B12 (as Methylcobalamin)	10 mcg	357%
Choline (as Choline Bitartrate)	55 mg	10%
Calcium (as Calcium Carbonate)	200 mg	15%
Iron (as Ferrous Fumarate)	27 mg	100%
Iodine (as Potassium Iodine)	150 mcg	52%
Magnesium (as Magnesium Oxide)	200 mg	50%
Zinc (as Zinc Oxide)	25 mg	192%
Selenium (as Selenium Amino Acid Chelate)	70 mcg	100%
Manganese (as Manganese Sulfate)	2.6 mg	100%
Chromium (as Chromium Polynicotinate)	45 mcg	100%
Molybdenum (as Molybdenum Amino Acid Chelate)	50 mcg	100%

Other Ingredients:

Croscarmellose Sodium, Crospovidone, Magnesium Stearate, Microcrystalline Cellulose, Silicon Dioxide, Stearic Acid, Coating: Hydroxypropyl Methylcellulose [HPMC], PEG-8.

Indications and Usage: Prenatol-M™ is indicated to provide vitamins and minerals to women throughout pregnancy and during the postnatal period for both lactating and non-lactating mothers, and throughout the childbearing years.

Prenatol-M™ may be beneficial in improving the nutritional status of women prior to conception.

Contraindications: This product is contraindicated in patients with known hypersensitivity to any of its ingredients; also, all iron compounds are contraindicated in patients with hemosiderosis, hemochromatosis, or hemolytic anemias. Pernicious anemia is a contraindication, as folate may obscure its signs and symptoms.

Warnings:

Accidental overdose of iron-containing products is a leading cause of fatal poisoning in children under 6. In case of accidental overdose, call a doctor or poison control center immediately. Administration of folate alone is improper therapy for pernicious anemia and other megaloblastic anemias in which vitamin B12 is deficient.

For use on the order of a licensed healthcare practitioner.

If a patient experiences any side effects call your doctor. To report side effects, call **PureTek Corporation at 1-877-921-7873.**

Drug Interactions:

Prenatol-M™ is not recommended for and should not be given to patients receiving levodopa because the action of levodopa is antagonized by pyridoxine. There is a possibility of increased bleeding due to pyridoxine interaction with anticoagulants (e.g., Aspirin, Heparin or Clopidogrel).

Adverse Reactions:

Folate: Allergic sensitizations have been reported following both oral and parenteral administration of folate.

Ferrous Fumarate: Gastrointestinal disturbances (anorexia, nausea, diarrhea, constipation) occur occasionally but are usually mild and may subside with continuation of therapy. Although the absorption of iron is best when taken between meals, giving **Prenatol-M™** after meals may control occasional gastrointestinal disturbances. **Prenatol-M™** is best absorbed when taken at bedtime.

Adverse reactions have been reported with specific vitamins and minerals but generally at levels substantially higher than those contained herein. However, allergic, and idiosyncratic reactions are possible at lower levels. Iron, even at the usual recommended levels, has been associated with gastrointestinal intolerance in some patients.

Overdose:

Iron: signs and symptoms: Iron is toxic. Acute overdosage of iron may cause nausea and vomiting and, in severe cases, cardiovascular collapse and death. Other symptoms include pallor and cyanosis, melena, shock, drowsiness and coma. The estimated overdose of orally ingested iron is 300 mg/kg body weight. When overdoses are ingested by children, severe reactions, including fatalities, have resulted. **Prenatol-M™** should be stored beyond the reach of children to prevent against accidental iron poisoning.

Treatment: For specific therapy, exchange transfusion and chelating agents should be used. For general management, gastric lavage with sodium bicarbonate solution or milk. Administer intravenous fluids and electrolytes and use oxygen.

Dosage and Administration: Take one caplet of **Prenatol-M™** daily, between meals or as directed by a licensed healthcare practitioner. Do not administer to children under the age of 12.

How Supplied: Prenatol-M™ is beige speckled, oblong, coated caplet, supplied in a bottle containing 30 caplets (NDC 59088-009-54). Dispense in a tight, light-resistant container as defined in the USP/NF with a child resistant closure.

Do not use if bottle seal is broken.

KEEP THIS AND ALL MEDICATIONS OUT OF THE REACH OF CHILDREN.

Store at 20° to 25°C (68° to 77°F) [see USP Controlled Room Temperature].

Manufactured in the USA by:

PureTek Corporation

Panorama City, CA 91402

For questions or information
call toll-free: **877-921-7873**