

Multitol-M™

Multivitamin



NDC: 59088-005-54

Description:

Multitol-M™ is a high-grade multivitamin caplet formulated to provide essential vitamins and minerals to support overall health and well-being. Each caplet contains a precise blend of vitamins and minerals to help fill nutritional gaps and promote optimal health.

Multitol-M™ includes the active form of vitamin B12 – methylcobalamin – as well as the active form of folate, which supports heart, brain, blood, and bone health.

It is suitable for individuals with Methylene tetrahydrofolate Reductase (MTHFR) gene mutations.

Unit Detail:

30 Caplets per bottle

Dosage:

1 caplet daily or as directed by a licensed healthcare practitioner.

See reverse for complete prescribing information

Supplement Facts

Serving Size: 1 Caplet

Amount Per Serving	% Daily Value
Vitamin A (as Retinyl Acetate)	1500 mcg RAE 167%
Vitamin C (as Ascorbic Acid)	120 mg 133%
Vitamin D ₃ (as Cholecalciferol)	20 mcg (800 IU) 100%
Vitamin E (DL-alpha Tocopheryl Acetate)	13.5 mg 90%
Thiamine (as Thiamine Mononitrate)	3 mg 250%
Riboflavin	3.4 mg 262%
Niacin (as Niacinamide)	20 mg 125%
Vitamin B ₆ (as Pyridoxine Hydrochloride)	20 mg 1176%
Folate (as L-5-Methyltetrahydrofolate calcium salt) (1200 mcg as L-5-Methylfolate)	2040 mcg DFE 510%
Vitamin B ₁₂ (as Methylcobalamin)	8 mcg 333%
Calcium (as Calcium Carbonate)	200 mg 15%
Magnesium (as Magnesium Oxide)	200 mg 48%
Zinc (as Zinc Oxide)	25 mg 227%
Selenium (as Selenium Amino Acid Chelate)	55 mcg 100%
Manganese (as Manganese Sulfate)	2.3 mg 100%
Chromium (as Chromium Polynicotinate)	35 mcg 100%
Molybdenum (as Molybdenum Amino Acid Chelate)	45 mcg 100%

Other Ingredients:

Organic Cocoa Powder, Croscarmellose Sodium, Crospovidone, Magnesium Stearate, Microcrystalline Cellulose, Silicon Dioxide, Stearic Acid. Coating: (Hydroxypropyl Methylcellulose [HPMC], PEG-8).

Indications and Usage: Multitol-M™ is indicated to provide vitamins and minerals supplement to men and women. Folate is effective in the treatment of megaloblastic anemias due to a deficiency of folate (as may be seen in tropical or nontropical sprue) and in anemias of nutritional origin, pregnancy, infancy, or childhood.

Contraindications: This product is contraindicated in patients with a known hypersensitivity to any of the ingredients.

Warnings:

Administration of folate alone is improper therapy for pernicious anemia and other megaloblastic anemias in which vitamin B12 is deficient.

For use on the order of a licensed healthcare practitioner. If a patient experiences any side effects, call your doctor. To report side effects, call **PureTek Corporation** at **1-877-921-7873**.

Drug Interactions:

Multitol-M™ is not recommended for and should not be given to patients receiving levodopa because the action of levodopa is antagonized by pyridoxine. There is a possibility of increased bleeding due to pyridoxine interaction with anticoagulants (e.g., Aspirin, Heparin or Clopidogrel).

Adverse Reactions:

Allergic sensitization has been reported following both oral and parenteral administration of folate.

Adverse reactions have been reported with specific vitamins and minerals but generally at levels substantially higher than those contained herein. However, allergic and idiosyncratic reactions are possible at lower levels.

Dosage and Administration: One (1) Multitol-M™ caplet daily, between meals or as directed by a licensed healthcare practitioner. Do not administer to children under the age of 12.

How Supplied: Multitol-M™ are beige speckled, oblong, coated caplets in bottle containing 30 caplets (NDC 59088-005-54). Dispense in a tight, light-resistant container as defined in the USP/NF with a child resistant closure.

Do not use if bottle seal is broken.

KEEP THIS AND ALL MEDICATIONS OUT OF THE REACH OF CHILDREN.

Store at 20° to 25°C (68° to 77°F) [see USP Controlled Room Temperature].

Manufactured in the USA by:
PureTek Corporation
Panorama City, CA 91402
For questions or information
call toll-free: **877-921-7873**